



SUNRISE mercantile
Everything Fun Under the Sun



1631 ROUTE 6, RR 3,
TATAMAGOUCHE, NOVA SCOTIA
B0K 1V0

CAFÉ MENU

Contact Us:
(902) 657-1094 or 657-1136 or
SunriseMercantile@yahoo.com

We are located two kilometres west of Tatamagouche. For detailed directions and a map, please visit our website: www.SunMerc.com



Summer hours (1 June through Labour Day weekend):

Monday-Saturday: 10 a.m. to 8 p.m.
Sunday: 1 p.m. to 8 p.m.

Winter hours (After Labour Day Weekend through 31 May):

Monday-Saturday: 10-6 daily,
Sunday: 1-6.

We are oftentimes open later than these hours, especially during the Christmas season. In the winter, we suggest calling to confirm how late we'll be open on any particular day, especially during inclement weather.

We can accommodate medium-sized groups (18-22 people comfortably) with advance notice. Our café is available for rental (e.g., private parties or groups) before and after regular hours, and upon request.

Phone ahead with your order for faster service – take-out is available on request.

**THANKS FOR DINING
WITH US!**

WELCOME TO SUNRISE MERCANTILE

~~~~~

Featured in the CBC documentary-reality television program, *The Week The Women Went*



May all who enter our establishment find peace, refreshment, and friendship.

If you are a visitor to the Tatamagouche area, please let us know if we can assist you in any way.

We invite you to browse through our gift and gourmet food store while you wait on your meal to be prepared. Also feel free to enjoy the touch of our luxurious alpaca yarns. We teach lessons, so if you are interested in learning how to spin, weave, knit, or dye, please let us know.

We are proudly a member of the "Taste of Nova Scotia" network of restaurants. Items in our menu made with Nova Scotia-derived ingredients are annotated with this symbol:



Thank you for dining with us today. Safe travels, and may God bless you!

*Dave, Suzy, Kiva-Marie, &*

*Collin Belt*

Proprietors  
& The Staff of Sunrise Mercantile



P.S. Be sure and visit our on-line store at [www.SunMerc.com](http://www.SunMerc.com)

## SOUPS & APPETIZERS

### *Soup du Jour*

Made from scratch right here in the SunMerc kitchen, using garden fresh ingredients from local producers.



Cup.....\$ 3.99  
Bowl .....\$ 6.99

### *Northumberland Chowder*

We bring the Northumberland Strait to you! Our chowder is chock-full of plump chunks of local seafood, served piping hot.



Cup.....\$ 4.99  
Bowl .....\$ 7.99

### *Bacon-Wrapped Scallops*

A traditional Nova Scotia favourite, made with juicy Bay of Fundy scallops and drizzled with local maple syrup .....\$ 9.99



### *Crab Cakes*

A house specialty. Delicious blue-crab meat, caught wild off the coast of Nova Scotia and baked to perfection. (Two cakes).....\$12.99



### *Thai-Ginger Eggrolls*

Tender bits of chicken, cabbage, and ginger wrapped in a crispy eggroll wrapper. Serving of six bite-sized mini-rolls. ....\$ 7.99

### *Hot Artichoke & Spinach Dip*

Cream cheese, spinach, and artichoke hearts, served with choice of bread or toasted tortilla wedges .....\$ 6.99

### *Cranberry-Spinach Salad*

Fresh baby spinach, mild red onions, sweet Mandarin oranges, dried cranberries, and crumbled feta. Your choice of Caribbean Mango or Creamy Poppyseed dressing.  
Cranberry-Spinach Salad .....\$ 5.99  
Add roasted chicken.....\$ 8.99



# GOURMET SANDWICHES

Each sandwich is custom-made to your specifications, so it may take a few minutes for us to prepare your meal – thanks for your patience!

## Barbecued Meat Sandwiches

Your choice of **North Shore Roast Beef, Flame-Broiled Pork Riblet, or Grilled Chicken**, slathered in Dijon BBQ sauce and served on a ciabatta bun, with lettuce, tomato, and a slice of cheese. .... \$ 8.99



## Fresh Deli Sandwiches

Your choice of **Grilled Chicken, Black Forest Ham, North Shore Roast Beef, Creamy Surimi Crab, or Vegetarian**. Served on sourdough white or whole-wheat rye bread. Complemented with a slice of marble-cheddar cheese, crisp lettuce, vine-ripened tomatoes, real mayonnaise, and fresh alfalfa & clover sprouts. (Mustard added on request).  
 Custom Gourmet Sandwich..... \$ 8.99  
 Extra cheese, per slice..... \$ 0.89  
 Add a delicious, Fire-Roasted Sweet Pepper for just..... \$0.59



## Mini-Wrap

Not as filling as our deli or BBQ sandwiches, but still bursting with flavour! Your choice of slow-roasted **North Shore Beef, Black Forest Ham, Grilled Chicken, Vegetarian, or Surimi Crab**, wrapped in a whole wheat tortilla. Comes with marble-cheddar cheese, lettuce, mayonnaise, lettuce, and a hint of alfalfa sprouts. (Mustard added on request)  
 ..... \$ 6.99  
 Extra cheese, per slice..... \$ 0.89  
 Add a Delicious, Fire-Roasted Sweet Pepper for Just..... \$0.59



# HEARTY FARE

Succulent Nova Scotian **Haddock Filets**, breaded and baked, served with Cranberry-Spinach Salad, "chef's surprise" vegetable, and potato du jour. (Requires 20-minute preparation time). .... \$ 15.99



## Just for Juniors



Grilled Cheese; Grilled Peanut Butter; or Peanut Butter & Jelly Sandwich..... \$ 2.99

# DESSERTS

## Cake of the Day

Ask your server for details. Typical examples include Chocolate Truffle Cake, 5-Layer Carrot Cake, or Tiramisu..... \$ 6.99

## Home-Style Pie

Baked fresh in our kitchen, these pies have become our signature dessert. Pies vary; ask your server for details..... \$ 4.99  
 À la mode..... Add \$ 1.29



## "Cinna-Muffin"

Not too filling, this is a cinnamon roll baked in a muffin pan. Big flavour in a small package .... \$ 2.99

## International Cookies

A light and refreshing assortment of cookies from around the world..... \$ 2.99

# BEVERAGES



## Kicking Horse Coffee

Fair Trade, Certified Organic, and Shade-Grown – roasted just for us! Your choice of light, medium, or dark roast..... \$2.49

## Sunrise Mercantile Tea

Our own tea, from plantations around the world, as well as some Canadian herbal blends. Select a "sampler" from the display in the SunMerc store or choose a premium bagged tea from England – your choice. .... \$2.49

## Chai Latte

Strong black tea brewed with exotic spices and blended with whole milk..... \$ 3.49

## Hot Chocolate

Chocolate Truffle, French Vanilla, Peppermint, or Chocolate-Raspberry (8 oz.) ..... \$ 3.49

## Sipping Chocolate

For die-hard chocolate fans, this variety is thick and semi-sweet, meant to be sipped. Think of it as a "liquid brownie" (6 oz.)..... \$ 3.49

## Other Hot Drinks

Espresso.... (Single Shot) \$1.49 (Double Shot).... \$2.49  
 Cappuccino or Latte..... \$3.49  
 Mocha..... \$3.99

## Wild Blueberry Juice

Nova Scotia's "Champagne of Fruit Juices," served ice-cold in an elegant flute..... \$ 3.99



## Other Cold Drinks

White or Chocolate Milk ..... \$ 2.99  
 Sparkling Water (Perrier®)..... \$ 1.99  
 Fruit Juice, Lemonade, or Soft Drinks ..... \$ 1.99

Unsweetened Orange-Cinnamon Tea (Summer  
Only) or Sweetened Arizona® Iced Tea..... \$ 1.99  
Ice Cream Float ..... \$ 3.99